

## Kimberly's Personal Connection to the Cause

For **Kimberly McMullen**, one of the event organizers, the mission of **Hope & Harmony** is deeply personal. It's a reflection of her own journey, a painful reality that hits close to home every single day.

Kimberly's eldest child is currently living on the streets of Ottawa, struggling not only with homelessness but also with mental health challenges and drug addiction. Like any parent, Kimberly always believed her child would grow up safe, surrounded by love, and with every opportunity to succeed. But life can take difficult and unexpected turns, leading her family into a situation they never imagined facing.

The emotional toll of watching her own child grapple with these challenges has been overwhelming. Despite years of trying to provide support, love, and guidance, Kimberly has found herself in the heartbreaking position of seeing her child lost to the streets, fighting battles with mental health and addiction. She knows firsthand the fear, frustration, and helplessness that comes with trying to save someone you love while feeling powerless in the face of forces beyond your control.

This is why **Hope & Harmony** means so much to her. It's not just a fundraising event—it's a lifeline for families like hers, and for the young people in Ottawa who are struggling with the same challenges. Kimberly understands that youth homelessness is rarely a choice. It's often the result of a complex mix of mental health issues and substance abuse. These are the struggles that many youth face, and they are often compounded by a system that doesn't have the resources to adequately help them.

Through **Hope & Harmony**, Kimberly is turning her personal pain into action. She's fighting not just for her own child but for every young person who has slipped through the cracks. **By supporting this event, you're standing with families like Kimberly's, offering hope to those who feel there's nowhere left to turn.**

Kimberly's story is not just one of loss—it's a story of resilience and hope. She knows that with the right support, resources, and community, there is a way out of homelessness, mental health struggles, and addiction. **Hope & Harmony** is her call to action, asking the community to rally together so that no parent has to face the fear of wondering whether their child is safe tonight, and no young person is left to struggle alone.